

dean&david Allergen-OVERVIEW















valid for Germany - Luxembourg - Austria



dean & david

The dean&david Allergen-Overview informs about what allergens are contained in our assortment. Furthermore ingredients, which could be undesirable for someone, like garlic and onions are marked additionally and it's obvious if the product is vegetarian or vegan. Not all products are available in every store. Product information's, nutritional values and allergens from each store apply.

The following allergenes are marked:

 <p>Grains containing gluten and products thereof:</p> <ul style="list-style-type: none"> - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains 	 <p>Edible nuts and products thereof:</p> <ul style="list-style-type: none"> - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
 <p>Crustaceans and products thereof</p>	 <p>Celery and products thereof</p>
 <p>Eggs and products thereof</p>	 <p>Mustard and products thereof</p>
 <p>Fish and products thereof</p>	 <p>Sesame and products thereof</p>
 <p>Peanuts and products thereof</p>	 <p>Lupines and products thereof</p>
 <p>Soy and products thereof</p>	 <p>Molluscs and products thereof</p>
 <p>Milk and products thereof (lactose included)</p>	 <p>Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l</p>



Note to possible traces:

The preceding information about allergenes refer to the used ingredients in the recipes. But because of handling with every allergene in our stores, we can not guarantee, that cross-contaminations and traces of allergens may be found in any menu item, despite of thorough cleaning between every working step.

As well we do not consider any notes from our presuppliers regarding possible traces.

 <p>vegetarian:</p> <p>no meat, no fish, but eggs and dairy goods</p>	 <p>vegan:</p> <p>no animal products, no animal fat or honey</p>
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Allergens

Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites
Indication	Code						Indication	Code					

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork

Veggie

vegetarian	vegan

Salad bar

Item	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan	
Salad mix																					✓	✓
Basic - Basil Pesto															⚠						✓	✓
Basic - Crunchy Onions	⚠ A1															⚠					✓	✓
Basic - Beetroot																					✓	✓
Basic - Croutons	⚠ A1															⚠					✓	✓
Basic - Egg (free range)			⚠																		✓	✓
Basic - Peanuts					⚠																✓	✓
Basic - Cucumber																					✓	✓
Basic -Pomegranate Seeds																					✓	✓
Basic - Carrots																					✓	✓
Basic - Sweet Corn																					✓	✓
Basic - Edamame								⚠													✓	✓
Basic - Mango																					✓	✓
Basic - Kalamata Olives																					✓	✓
Basic - Pepper																					✓	✓
Basic - Sunflower Seeds																					✓	✓
Basic - Tomatoes																					✓	✓
Basic - Grapes																					✓	✓
Basic - Red Cabbage																					✓	✓
Basic - Walnuts								⚠ H3													✓	✓
Extra - Avocado																					✓	✓
Extra - Prawn			⚠												⚠							
Extra - Falafel	⚠ A1														⚠	⚠					✓	✓
Extra - Gran Biraghi (ital. hard cheese)								⚠													contains rennet	
Extra - Grilled Vegetables																					✓	✓
Extra - Hummus											⚠				⚠						✓	✓
Extra - Whole Grain Bulgur	⚠ A1															⚠					✓	✓
Extra - Chicken Breast Stripes																						
Extra - Mozzarella Cheese								⚠													✓	
Extra - Beef Stripes																						
Extra - Salmon (Norwegian)				⚠																		
Extra - Sheep's Cheese								⚠													✓	
Extra - Sweet Potato																					✓	✓
Extra - Goat's Cheese								⚠													✓	
Extra - Pesto Chicken															⚠							

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Indication	Code	Indication	Code						Indication	Code						

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork
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Veggie

vegetarian	vegan
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Bowls

Veggie Buddha with sauce	!	A1						!	!	!	H3			!	!			
Veggie Buddha without sauce	!							!		!	H3							
Crunchy Beef with sauce	!	A1						!	!					!	!			
Crunchy Beef without sauce	!	A1						!										
Crunchy Chicken with sauce	!	A1						!	!					!	!			
Crunchy Chicken without sauce	!	A1						!										
Avocado Chicken with sauce								no allergens included										
Avocado Chicken without sauce								no allergens included										
Salmon Avocado with sauce	!	A1			!			!	!					!	!			
Salmon Avocado without sauce	!	A1			!			!						!	!			
Vegan Falafel Bowl with sauce	!	A1						!						!	!			
Vegan Falafel Bowl without sauce	!	A1						!						!	!			
Peanut Beef Bowl with sauce						!								!	!			
Peanut Beef Bowl without sauce						!								!	!			
Special Mango Prawn Bowl with sauce	!	A1				!		!	!					!	!			
Mango Prawn Bowl without sauce						!		!	!	!								
Soy Sesame Sauce	!	A1						!	!					!	!			
Mexican Salsa								no allergens included										
Lemon Mint Sauce								!						!				
Peanut Lime Sauce						!								!				

		!															✓	✓
		!															✓	✓
		!																
		!																
		!															✓	✓
		!															✓	✓
		!																
		!																
		!															✓	✓
		!															✓	✓
		!															✓	✓
		!																
		!															✓	✓
		!															✓	✓
		!															✓	✓
		!															✓	✓

Sandwiches

Grilled Vegan	!	A1, A2, A3												!	!		
Chicken Avocado	!	A1, A2, A3						!	!					!	!		
Sweet Chili Chicken	!	A1, A2, A3						!	!					!	!		
Avocado Mozzarella	!	A1, A2, A3						!	!					!	!		✓

														!			✓	✓
														!				
														!				
														!			✓	

Wraps

Caesar	!	A1		!	!			!	!					!	!			
Paris	!	A1						!	!	!	H3			!	!			
Vegan Oriental	!	A1						!	!	!	H3			!	!		✓	✓
Chicken Mango	!	A1						!	!	!	H1			!	!		✓	✓
Tandoori Chicken	!	A1						!	!					!	!			

	!													!				
														!			✓	✓
														!			✓	✓
														!				

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Indication	Code	Indication	Code						Indication	Code						

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork
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Veggie

vegetarian	vegan
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Grilled Flatbread

Chicken Pesto	Grilled Veggies Mozzarella	Olives Sheep's Cheese	Chicken Salsa
⚠ A1, A2, A3, A4	⚠ A1, A2, A3, A4	⚠ A1, A2, A3, A4	⚠ A1, A2, A3, A4

⚠							
	⚠						✓
							✓
⚠	⚠						

Vegetarian Curries

Vegan red Thai Curry	Vegan yellow Thai Curry	Vegan green Thai Curry	Veggy Kormacurry with chickpeas
⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠

⚠	⚠					✓	✓
⚠	⚠					✓	✓
⚠	⚠					✓	✓
⚠	⚠					✓	✓

Chicken/Meat/Fish/Curries

Chicken Korma Curry	Red Thai Chicken Curry	Yellow Thai Chicken Curry	Green Thai Chicken Curry	Red Thai Beef Curry	Yellow Thai Beef Curry	Green Thai Beef Curry	Red Thai Prawn Curry	Yellow Thai Prawn Curry	Green Thai Prawn Curry
⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠

Information on our curries:
all of our curries contain sesame. The exclusion of sesame is offered upon request, however please make sure to inform us beforehand.

⚠	⚠								
⚠	⚠								
⚠	⚠								
⚠	⚠								
⚠	⚠								
⚠	⚠								
⚠	⚠								
⚠	⚠								
⚠	⚠								
⚠	⚠								

Soups *without bread!

Carrot Coco	Potato Sheep's Cheese	Carrot mango	Red Lentils Coco	Tomato Soup	Cauliflower Coco
⚠ A1	⚠	⚠ A1	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠
⚠	⚠	⚠	⚠	⚠	⚠

						✓	✓
	⚠					✓	✓
⚠						✓	✓
⚠						✓	✓
⚠						✓	✓
⚠						✓	✓

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Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork
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Veggie

vegetarian	vegan
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Coffee...

Espresso / Doppio / Coffee																no allergens included													
Cappuccino																													
Cappuccino with Oat Drink																no allergens included													
Latte Macchiato																													
Latte Macchiato with Oat Drink																no allergens included													
Café Latte																													
Café Latte with Oat Drink																no allergens included													
Golden Milk																													
Golden Milk with Oat Drink																no allergens included													
Matcha Latte																													
Matcha Latte with Oat Drink																no allergens included													
Chai Latte																													
Chai Latte with Oat Drink																no allergens included													
Matcha Latte																													
Matcha Latte with Oat Drink																no allergens included													
Fresh Mint Tea																no allergens included													
Fresh Ginger Tea with Honey																no allergens included													
Fresh Ginger Mint Tea																no allergens included													
Wellmondo Luxury Tea - all varieties																no allergens included													
Hot Chocolate																													
Hot Chocolate with Oat Drink																no allergens included													

Muffins + Cakes

Blueberry Crumble Muffin		A1																										
Triple Chocolate Muffin		A1																										
Lemon Cake		A1																										
Vegan Apple Cake		A1, A4																										
Bananabread		A1, A4																										
Chocolate Coco Cake		A1																										
Apple Blueberry Brownie		A1, A4, A5																										
Raspberry Almond Brownie																												

Deli Salads

Vegan Bulgur		A1																										
Falafel Hummus		A1																										
Vegan Supergreens		A1																										

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Indication	Code							Indication	Code						

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork
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Veggie

vegetarian	vegan
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Juices

Product	Allergens	Maybe undesirable	Veggie
ACE	no allergens included		✓ ✓
Botox	no allergens included		✓ ✓
Classic	no allergens included		✓ ✓
Green Glow	no allergens included		✓ ✓
Refresher	no allergens included		✓ ✓
Golden Root	no allergens included		✓ ✓

Ginger Shots

Product	Allergens	Maybe undesirable	Veggie
Pomegranate Açai	no allergens included		✓ ✓
Turmeric	no allergens included		✓ ✓
Spirulina	no allergens included		✓ ✓

Lemonades

Product	Allergens	Maybe undesirable	Veggie
Mango Lemonade	no allergens included		✓ ✓
Basil Lemonade	no allergens included		✓ ✓

Smoothies

Product	Allergens	Maybe undesirable	Veggie
Sunrise	no allergens included		✓ ✓
Supersonic	no allergens included		✓ ✓
Mango Chia Booster	no allergens included		✓ ✓
Super Green Matcha	no allergens included		✓ ✓
Green Machine	no allergens included		✓ ✓