valid for Germany - Luxembourg - Austria

The dean&david Allergen-Overview informs about what allergens are contained in our assortment. Furthermore ingredients, which could be undesirable for someone, like garlic and onions are marked additionally and it's obvious if the product is vegetarian or vegan. Not all products are available in every store.



Product information's, nutritional values and allergens from each store apply.

The following allergenes are marked:

تلجير	Grains containing gluten and products thereof: - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains		Edible nuts and products thereof: - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
Copp	Crustaceans and products thereof	Ś	Celery and products thereof
0	Eggs and products thereof	s	Mustard and products thereof
	Fish and products thereof		Sesame and products thereof
AT TH	Peanuts and products thereof	****	Lupines and products thereof
100	Soy and products thereof	R	Molluscs and products thereof
F	Milk and products thereof (lactose included)	SO ₂	Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possible traces:

The preceding information about allergenes refer to the used ingredients in the recipes. But because of handling with every allergene in our stores, we can not guarantee, that cross-contaminations and traces of allergens may be found in any menu item, despite of thorough cleaning between every working step.

As well we do not consider any notes from our presuppliers regarding possible traces.



vegetarian:

no meat, no fish, but eggs and dairy goods



vegan:

no animal products, no animal fat or honey

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Allergens	5										May	be ur	Idesir	able		Veggi	e
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Gluten Indication Code		Egg			Edible nut	its Code Celery	Mustard	Lupines		Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian v	legan

Salads *without dressing + without bread

Side Salad		no allergens included		
Rainbow Salad (for Kids)		no allergens included		
Big Easy Beef	\land			
Caesar Chicken	\wedge			
Chicken Vitality				
Chicken Pesto				
Avocado Superfood			\land	
Falafel Tahini			Λ Λ	
Grilled Veggie			\wedge	
Avocado Prawn			Λ	
Surf&Turf	Â		$\overline{\Lambda}$	
Paris				
Salmon Spring		$\overline{\Lambda}$		
Salmon & Greens	Â			
Avocado Halloumi				

Dressings

3-					
Balsamic Maple Syrup				\wedge	
Ginger Sesame	AI				
Ceasar					
Rocket					
Sweet Honey Mustard					
Basil Pesto		no allergens inclue	led		
Tahini Lemon					
Bread	•		•	1	
Freshly Baked Bread	AI, A2, A3				

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Allergens	5				-	p						May	be ur	Idesi	able		Vegg	jie
ي المراج	œ	0	H H	200		$\bigcirc \bigcirc$	9	∫ <u>↓</u> s		J.	SO ₂	6						V
Gluten Indication Code		Egg			Milk	Edible nuts Indication Code	Celery				Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan

Sa	lad	bar	
Ju	uu	bui	

Salad mix			no allerge	ns included						
Basic - Basil Pesto			no allerge	n <mark>s includ</mark> ed		Δ				
Basic - Crunchy Onions										
Basic - Beetroot			no allerge	n <mark>s includ</mark> ed						
Basic - Croutons						\triangle	\triangle			
Basic - Egg (free range)		\wedge								
Basic - Peanuts										
Basic - Cucumber			no allerge	n <mark>s includ</mark> ed						
Basic -Pomegranate Seeds			no allerge	n <mark>s includ</mark> ed						
Basic - Carrots			no allerge	n <mark>s includ</mark> ed						
Basic - Sweet Corn			no allerge	n <mark>s includ</mark> ed						
Basic - Edamame										
Basic - Mango			no allerge	n <mark>s includ</mark> ed						
Basic - Kalamata Olives			no allerge	n <mark>s includ</mark> ed						
Basic - Pepper			no allerge	n <mark>s includ</mark> ed						
Basic - Sunflower Seeds			no allerge	n <mark>s includ</mark> ed						
Basic - Tomatoes			no allerge	n <mark>s includ</mark> ed						
Basic - Grapes			no allerge	n <mark>s includ</mark> ed						
Basic - Red Cabbage			no allerge	n <mark>s includ</mark> ed						
Basic - Walnuts				НЗ						
Extra - Avocado			no allerge	ns included						
Extra - Prawn										
Extra - Falafel										
Extra - Gran Biraghi (ital. hard cheese)			Δ						contains rennet	
Extra - Grilled Vegetables			no allerge	n <mark>s includ</mark> ed						
Extra - Hummus										
Extra - Whole Grain Bulgur										
Extra - Chicken Breast Stripes			no allerge	n <mark>s includ</mark> ed						
Extra - Mozzarella Cheese										
Extra - Beef Stripes			no allerge	n <mark>s includ</mark> ed						
Extra - Salmon (Norwegian)		Â								
Extra - Sheep's Cheese										
Extra - Sweet Potato			no allerge	n <mark>s includ</mark> ed						
Extra - Goat's Cheese			\wedge							
Extra - Pesto Chicken			no allerge	ns included						

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	Allergen	5												May	be un	desir	able		Veggie
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				AT TO P	·				s			<u> 1</u> 6	SO ₂					-15-11	
	Gluten							1											
	Indication Code	Crus- Egg taceans	; Fish			k Indicatio	on Code	Celery		Sesame		Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian vegan
Bowls																			
Veggie Buddha with sauce					Λ Λ		H3												
Veggie Buddha without sauce							H3												
Crunchy Beef with sauce	AI				ΛΛ														
Crunchy Beef without sauce																			
Crunchy Chicken with sauce	AI																_		
Crunchy Chicken without sauce	AI AI				A														
Avocado Chicken with sauce						gen <mark>s inclu</mark>	lded												
Avocado Chicken without sauce						gen <mark>s inclu</mark>													
Salmon Avocado with sauce	AI								Λ										
Salmon Avocado without sauce	AI				$\overline{\Lambda}$					Â					$\overline{\Lambda}$				
Vegan Falafel Bowl with sauce															$\overline{\Lambda}$				
Vegan Falafel Bowl without sauce																			
Peanut Beef Bowl with sauce	_														_				
Peanut Beef Bowl without sauce																			
Special Mango Prawn Bowl with sauce	AI																_		
Mango Prawn Bowl without sauce																			
Soy Sesame Sauce	AI	_		_					Λ										
Mexican Salsa						gen <mark>s inclu</mark>	uded							Δ	\wedge				
Lemon Mint Sauce																			
Peanut Lime Sauce				\wedge															
Sandwiches																			
Grilled Vegan	AI, A2, A3	3							Δ						Δ				
Chicken Avocado	AI, A2, A3																		
Sweet Chili Chicken	AI, A2, A3					_													
Avocado Mozzarella															Λ				
	A1, A2, A3																		
Wraps																			
Caesar						_	112								A				
Paris						_	H3												
Vegan Oriental							H3								Δ				
Chicken Mango							ні		^						^				
Tandoori Chicken					Δ														

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Alleraens

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	Glut		Crus- taceans		Peanuts	Soy		Edible Indication	Celery		Sesame	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan
illed Flatbread			Lacedits																	
Chicken Pesto		AI, A2, A3, A4																		
Grilled Veggies Mozzarella		AI, A2, A3, A4																		
Olives Sheep's Cheese		AI, A2, A3, A4																		
Chicken Salsa		AI, A2, A3, A4					$\overline{\Delta}$													

Vegetarian Curries

Grilled Flatbread Chicken Pesto

5			
Vegan red Thai Curry			
Vegan yellow Thai Curry			
vegan yenow marcurry			
Vegan green Thai Curry			
Veggy Kormacurry with chickpeas		Information on our	
	 	 curries:	

Chicken/Meat/Fish/Cu	ries			all of our curries contain sesame. The exclusion
Chicken Korma Curry				of sesame is offered
Red Thai Chicken Curry		$\mathbf{\Lambda}$		upon request, however please make sure to
Yellow Thai Chicken Curry		$\mathbf{\Lambda}$		inform us beforehand.
Green Thai Chicken Curry				
Red Thai Beef Curry		Â	Â	
Yellow Thai Beef Curry		Â		
Green Thai Beef Curry		Â		
Red Thai Prawn Curry		Â		
Yellow Thai Prawn Curry	Â	Â		
Green Thai Prawn Curry	Â	Â		

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Soups *without bread!

Carrot Coco				
Potato Sheep's Cheese		$\mathbf{\Lambda}$		
Carrot mango				
Red Lentils Coco		Â	Λ	
Tomato Soup				
Cauliflower Coco				

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Allergens	5													May	be un	Idesii	rable		Vegg	ie	
مطيور	œ			HH H	P.				s I			لي	SO ₂	6						\checkmark	
Gluten		Ĩ								×											
Indication Code		Egg	Fish	Peanuts	Soy	Milk	Indication Cod	de Celery		Sesame	Lupines		Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan	

Ground spices

Tandoori Masala		
Thai Spice	no allergens included	
Chili crushed	no allergens included	
Tabasco red	no allergens included	

Toast & Eggs

loade of Egge		
Vegan Avocado Toast	A A1, A2, A3	
Avocado Toast with Egg	A 1, A2, A3 A	
Hummus Toast with Sheep's Cheese	AI, A2, A3	
Hummus Toast with Sheep's Cheese and Egg		
Salmon Avocado Toast	AI, A2, A3	
Salmon Avodaco Toast with Egg		

Ouinoa Breakfast Bowl *without bread

C						
Salsa & Egg Bowl	1				1	
				_	_	

Sweets

Bircher Muesli	Λ A4 H1, H2 H1, H2	
Mango Coconut Ricepudding		
Mango Chia Pudding	no allergens included	
Berry Chia Pudding	no allergens included	
Raw Cacao Chia Pudding	no allergens included	
Berry Overnight Oats		

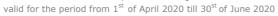
Homemade Smoothie Bowls

Açaí Smoothie Bowl	A A3, A5	
Green Smoothie Bowl	A3, A5	

Warm Porridge

J =		
Mango Grape		
Granola Apple	A3, A4, A5	
Apple Cinnamon	A A4 H3	

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Gluten Indication Code	Crus- taceans	Fish			Edible Indication	e nuts Code	Celery			Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan

Coffee... Espresso / Doppio / Coffee no allergens included Cappuccino Cappuccino with Oat Drink no allergens included Latte Macchiato $\mathbf{\Lambda}$ Latte Macchiato with Oat Drink no allergens included Café Latte $\mathbf{\Lambda}$ Café Latte with Oat Drink no allergens included \mathbf{V} Golden Milk Golden Milk with Oat Drink no allergens included Matcha Latte Matcha Latte with Oat Drink no allergens included Chai Latte Chai Latte with Oat Drink no allergens included Matcha Latte Matcha Latte with Oat Drink no allergens included Fresh Mint Tea no allergens included no allergens included Fresh Ginger Tea with Honey Fresh Ginger Mint Tea no allergens included Wellmondo Luxury Tea - all varieties no allergens included Hot Chocolate Hot Chocolate with Oat Drink no allergens included

Muffins + Cakes

Blueberry Crumble Muffin					
Triple Chocolate Muffin		Λ Λ			
Lemon Cake					
Vegan Apple Cake	AI, A4		HI, H2, H3		
Bananabread	AI, A4	Á I	HI, H2, H3		
Chocolate Coco Cake					
Apple Blueberry Brownie	AI, A4, A5	\wedge	HI		
Raspberry Almond Brownie		$\hat{\mathbf{\Lambda}}$ $\hat{\mathbf{\Lambda}}$ $\hat{\mathbf{\Lambda}}$	HI, 2		

Deli Salads

Vegan Bulgur	AI					
		A				
Falafel Hummus	AI			1	Λ Λ	
		A	· · · · · · · · · · · · · · · · · · ·			
Vegan Supergreens	AI				Λ Λ	
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Allergens	5										 			May	be un	Idesii	able		Vegg	jie
بمطيح		0		HH H	and the second s				S	s		بل	SO ₂	6						V
Gluten Indication Code	Crus-		Fish		Soy	Milk	Edible Indication	nuts Code	Celery	Mustard	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan

Juices

ACE	no allergens included	
Botox	no allergens included	
Classic	no allergens included	
Green Glow	no allergens included	
Refresher	no allergens included	
Golden Root	no allergens included	

Ginger Shots

Pomegranate Açai	no allergens included	
Turmeric	no allergens included	
Spirulina	no allergens included	

Lemonades

Mango Lemonade	no allergens included	
Basil Lemonade	no allergens included	

Smoothies

Sunrise	no allergens included	
Supersonic	no allergens included	
Mango Chia Booster	no allergens included	
Super Green Matcha	no allergens included	
Green Machine	no allergens included	